

DECEMBER 2024



Castle Rock Senior Center




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ENJOY THE POTLUCK DECEMBER 20TH, 12 NOON

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	8:15-9:15 AM Yoga 9-12 PM Cinnamon Rolls 9-12 PM Pool 9:30-10:30 AM Exercise	9-12 noon Crafters 12:30-3 PM Write Your Life Story	8:15 AM Yoga 9-11 PM Pool 9:30-10:30 AM Exercise 12 PM - Lunch 5:30-7:30 PM - AA	9:30 - 2 PM Quilting 1-2 PM Lyons Food Bank @ the Eagles 4:30-9 PM Single Deck Pinochle	8:15-9:15 AM Yoga 9-12 PM Pool 9:30-10:30 AM Exercise	12-3 PM - Bingo
8	9	10	11	12	13	14
	8:15-9:15 AM Yoga 9-12 PM Cinnamon Rolls 9-12 PM Pool 9:30-10:30 AM Exercise 7:30 PM – City Council	9-12 noon Crafters 2-4 PM Cowlitz Valley A's Antique Auto Club	8:15 AM Yoga 9-11 PM Pool 9:30-10:30 AM Exercise 12 PM - Lunch 5:30-7:30 PM - AA	9:30 - 2 PM Quilting 1-2PM Lyons Food Bank @ the Eagles 4:30-9 PM Single Deck Pinochle	8:15-9:15 AM Yoga 9-12 PM Pool 9:30-10:30 AM Exercise	12-3 PM - Bingo
15	16	17	18	19	20	21
	8:15-9:15 AM Yoga 9-12 PM Cinnamon Rolls 9-12 PM Pool 9:30-10:30 AM Exercise	9-12 noon Crafters 12:30-3 PM Write Your Life Story 6:00 PM Planning Commission	9:15 AM Yoga 9-11 PM Pool 9:30-10:30 AM Exercise 12 PM - Lunch - Quilt Raffle drawing after 5:30-7:30 PM - AA	9-30 - 2 PM Quilting 10-1 PM Commodities - Front Parking Lot 1-2 PM Lyons Food Bank @ the Eagles 4:30-9 PM Single Deck Pinochle	8:15-9:15 AM Yoga 9-12 PM Pool 9:30-10:30 AM Exercise 12 PM – POTLUCK	12-3 PM - Bingo
22	23	24	25	26	27	28
	8:15-9:15 AM Yoga 9-12 PM Cinnamon Rolls 9-12 PM Pool 9:30-10:30 AM Exercise 7:30 PM – City Council	9-12 noon Crafters  CHRISTMAS EVE	5:30-7:30 PM - AA ?? SENIOR CENTER CLOSED 	9:30 - 2 PM Quilting 1-2 PM Lyons Food Bank @ the Eagles 4:30-9 PM Single Deck Pinochle	8:15-9:15 AM Yoga 9-12 PM Pool 9:30 - 10:30 AM Exercise 7:30 PM Housekeeping	12-3 PM - Bingo
29	30	31	QUILT RAFFLE DRAWING AFTER LUNCH ON WEDNESDAY DECEMBER 18TH			
	8:15-9:15 AM Yoga 9-12 PM Cinnamon Rolls 9-12 PM Pool 9:30-10:30 AM Exercise  NEW YEAR'S EVE	9- 12 noon Crafters				