

# JANUARY 2025



## Castle Rock Senior Center


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Website: [crseniorcenter.org](http://crseniorcenter.org)

**Lunch and Ice Cream Social provided by Center  
in lieu of monthly Potluck on  
Friday, January 17th at 12 noon  
(Following the Annual Meeting)**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>ANNUAL MEMBERSHIP MEETING FRIDAY JANUARY 17TH AT 10:30 AM</b>			<b>OFFICE CLOSED</b>  5:30-7:30 PM - AA	<b>2</b> 9:30 - 2 PM Quilters 1-2 PM Lyons Food Bank @ the Eagles 4:30-9 PM Pinochle	<b>3</b> 8:15-9:15 AM Yoga 9-12 PM Pool 9:30-10:30 AM Exercise	<b>4</b> 12-3 PM - Bingo
<b>5</b>	<b>6</b> 8:15-9:15 AM Yoga 9-12 PM Cinnamon Rolls 9-12 PM Pool 9:30-10:30 AM Exercise	<b>7</b> 9-12 noon Crafters 12:30-3 PM Write Your Life Story	<b>8</b> 8:15 AM Yoga 9-11 PM Pool 9:30-10:30 AM Exercise 12 PM - Lunch 5:30-7:30 PM - AA	<b>9</b> 9:30 - 2 PM Quilters 1-2PM Lyons Food Bank @ the Eagles 4:30-9 PM Pinochle	<b>10</b> 8:15-9:15 AM Yoga 9-12 PM Pool 9:30-10:30 AM Exercise	<b>11</b> 12-3 PM - Bingo
<b>12</b>	<b>13</b> 8:15-9:15 AM Yoga 9-12 PM Cinnamon Rolls 9-12 PM Pool 9:30-10:30 AM Exercise 7:30 PM - City Council	<b>14</b> 9-12 noon Crafters 2-4 PM Cowlitz Valley A's Antique Auto Club	<b>15</b> 8:15 AM Yoga 9-11 PM Pool 9:30-10:30 AM Exercise 12 PM - Lunch 5:30-7:30 PM - AA	<b>16</b> 9:30 - 2 PM Quilters 10-1 PM Commodities - Front Parking Lot 1-2 PM Lyons Food Bank @ the Eagles 4:30-9 PM Pinochle	<b>17</b> 8:15-9:15 AM Yoga 9-10:30 AM Pool 9:30-10:30 AM Exercise <b>10:30 am - Annual Meeting/ Lunch to Follow</b>	<b>18</b> 12-3 PM - Bingo
<b>19</b>	<b>20</b> 8:15-9:15 AM Yoga 9-12 PM Cinnamon Rolls 9-12 PM Pool 9:30-10:30 AM Exercise	<b>21</b> 9-12 noon Crafters 12:30-3 PM Write Your Life Story 6:00 PM Planning Commission	<b>22</b> 8:15 AM Yoga 9-11 PM Pool 9:30-10:30 AM Exercise 12 PM - Lunch 5:30-7:30 PM - AA	<b>23</b> 9:30 - 2 PM Quilters 4:30-9 PMPinochle	<b>24</b> 8:15-9:15 AM Yoga 9-12 PM Pool 9:30 - 10:30 AM Exercise	<b>25</b> 12-3 PM - Biingo
<b>26</b>	<b>27</b> 8:15-9:15 AM Yoga 9-12 PM Cinnamon Rolls 9-12 PM Pool 9:30-10:30 AM Exercise 7:30 PM - City Council	<b>28</b> 9-12 noon Crafters	<b>29</b> 8:15 AM Yoga 9-11 PM Pool 9:30-10:30 AM Exercise 12 PM - Lunch 5:30-7:30 PM - AA	<b>30</b> 9:30 - 2 PM Quilters 1-2 PM Lyons Food Bank @ the Eagles 4:30-9 PM Pinochle	<b>31</b> 8:15-9:15 AM Yoga 9-12 PM Pool 9:30 - 10:30 AM Exercise	